



# Tractor Ted

## 7 Day Challenge



**Find it, make it, discover it, count it, paint it and much more!**

Let your little one 'tear off' and complete one activity from the list below for the next 7-days... it's the "Tractor Ted 7-Day Challenge"!

We'd love to see the photos of your little one taking up the challenge!  
Please share at #TractorTed or message us on Facebook!

**Let's get our little ones active!**



Try a new fruit or vegetable

Sing and dance to the  
Tractor Ted song

Watch a Tractor Ted DVD

Jump in a puddle

Lie on the grass and look  
for shapes in the clouds

Roll your arms round and round  
like a combine harvester

Collect twigs and leaves  
and make a picture!